

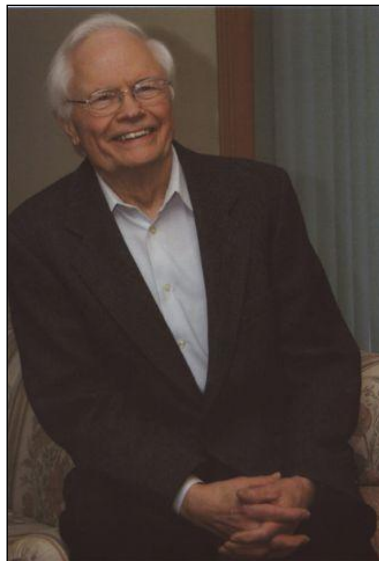
Nurturing the Spirit of Manitoba Seniors For over 50 Years

**The Long Term & Continuing Care
Association of Manitoba**

**2010 ANNUAL PROVINCIAL CONFERENCE & EXHIBITION
TUESDAY, MAY 18, 2010**

**Victoria Inn Hotel & Convention Centre
1808 Wellington Avenue, Winnipeg, Manitoba**

“Respect and Protect”



“Celebrating the Spirit of Manitoba Seniors” - 2010 calendar

LONG TERM & CONTINUING CARE ASSOCIATION OF MANITOBA

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“Respect and Protect”

Program Outline

All information can be found on our Website: www.ltcam.mb.ca

- 07:15 – 08:00 Conference registration & continental breakfast
- 08:00 – 08:15 Greetings - Jan Legeros
Executive Director, Long Term Care Association of Manitoba
- Opening Remarks
To be announced
- 08:15 – 08:45 Awards for Excellence 2009
-

08:45 – 09:45

Concurrent Sessions:
Session #1

“Autonomy in Long Term Care”

Presented by Alister Browne

Clinical Professor and Ethics Theme Director, Faculty of Medicine, University of British Columbia

A poll in *Time* magazine reported that 80% of Americans would rather die than go to long term care. When I told this to a group of long term health care providers I was speaking to, they replied that it was their view too. But if they would rather die than live in the institutions in which they work, there must be something fearful about those institutions. It is not hard to say what: the loss of the autonomy that has made it worthwhile ceasing to be a child. This raises the question “To what extent and for what purposes can institutions legitimately interfere with the liberty of the individual?” No one has dealt with this question better than John Stuart Mill in his essay *On Liberty*. This lecture will set out Mill’s theory of liberty in the form of a decision procedure designed to help with practical issues of freedom and restraint in long term care, illustrate its application to questions that arise in that context, address the extent to which health care providers have an obligation to facilitate (vs. merely allow) behaviours that residents cannot perform on their own, and end with a discussion of the barriers to autonomy. Those barriers are substantial, but shame on us if we expect more freedom in our old age than we are prepared to give to others now.

08:45 - 09:45 **Concurrent Sessions:**
Session #2

“How to Deal with Difficult Behaviours”

Sue Hemphill, mediator and conflict resolution trainer

Note: This workshop has a maximum attendance of 25 persons only - register early to be sure you can attend.

Dealing with difficult behaviours can be a stressful challenge faced by many people every day. Conflict and workplace stress can negatively affect employees in various ways. Statistics indicate that 55 per cent of working Canadians experience anxiety, irritability with co-workers, defensiveness, anger, mood swings and feelings of helplessness or of being trapped.

Conflict, however, can act as a helpful springboard toward positive change in your organization. This presentation will provide insightful tools and resources for dealing with conflict. It is an essential professional development tool for managers, team leaders and front-line staff.

Objectives

In this presentation, you will:

- Explore how you respond to conflict and consider how that affects your life
- Learn a practical skill to use in a difficult situation

09:45-10:30 **Coffee Break & Exhibition**

10:30 – 11:30 **Concurrent Sessions:**
Session #3

“How to Deal with Difficult Behaviours”

David Dyck, Associate Trainer with *Resolution Skills Centre*

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-

10:30 – 11:30 **Concurrent Sessions:**
Session #4

“Addressing the Communication Predicament of Residents with Dementia”
presented by **Linda Wolf**

Caregivers can act as primary agents in promoting the quality of life of residents with dementia in long term care facilities. One way they can do this is by promoting the communication and social interactions of these residents. Conversely, caregiver attitudes and behaviors can inhibit these residents’ communication performance. In this presentation, the Communication Predicament Model will be used to describe how different caregiver communication styles can influence the communication abilities of residents. The Communication Enhancement Model will be used to present specific strategies that caregivers can incorporate during routine care to achieve positive communication interactions with resident while promoting the resident’s function, self confidence and quality of life.

11:30 – 13:00 **Lunch & Exhibition Show**

13:00 - 14:00 **Concurrent Sessions:**
Session #5

“Elder Abuse”

Presented by Susan Crichton, Janelle Curtis and Paul Lamoureux

Susan Crichton

Some of the key activities of the public health component of the Federal Elder Abuse Initiative focus on promoting respect for older adults and aging as integral to elder abuse prevention.

Key projects undertaken through the public health component of the Federal Elder Abuse Initiative to date will be presented. These include: the development of education, awareness and training initiatives and tools targeting health care providers and others; the outcome of a scan and analysis of elder abuse screening and intervention tools; results of a gender based analysis of elder abuse; highlights of promising approaches in the elder abuse field across Canada; an overview of an initiative aimed at engaging youth in prevention efforts.

Janelle Curtis

This presentation will provide an overview of the Provincial Elder Abuse Strategy, created and delivered through the Manitoba Seniors and Healthy Aging Secretariat. Components of the strategy that will be highlighted include the Seniors Abuse Line, community development and education and resources. This presentation will highlight key resources that are available in Manitoba to all individuals who are concerned about the abuse or neglect of an older adult.

Paul Lamoureux

This is a presentation on The Protection for Persons in Care Act and the role of the Protection for Persons in Care Office (PPCO) in relation to the concepts of respect and protection of long term care residents.

Main Points:

- Protection for Persons in Care Act (PPCA) background
 - Focus on other types abuse other than Physical e.g. Emotional, Sexual, Financial, Neglect
 - The role of the PPCO and the Elder Abuse component
 - Related statistics (including specific long term care statistics)
 - Competency of patients and respecting their wishes
 - Case examples
-

13:00 – 14:00 **Concurrent Sessions:**
Session #6

“Spasticity Management of People in Long Term and Continuing Care”
Presented by Dr. Karen Ethans

Residents in long term care benefit from spasticity treatment in many ways. For example, treatment can result in alleviating pain and discomfort and residents with contractures may benefit by regaining enough mobility to be able to leave their beds. The Spasticity Management presentation will focus on defining what spasticity is, who presents with it, and why it is a significant problem for many people in long term care. The negative impacts of spasticity and the goals of management will be discussed, especially as they apply to long term care. The role and importance of the partnership within the interdisciplinary team in identifying these goals will be discussed. Pharmacologic management, including oral medications, botulinum toxin injections, and implanted pumps, will be presented in terms appropriate for the attendees.

14:00 – 14:30 **Coffee & Exhibition Show**

14:30 – 16:30 **Keynote Closing**
Live Play “I’m Still Here”

Moderator: Dr. Sherry Dupuis, Ph.D., Murray Alzheimer Research and Education, University of Waterloo



A Reflective Journey on Dementia using Research-Based Drama

Sherry L. Dupuis, Ph.D. and the Actors of ACT II Studio

Funded partly by the Murray Alzheimer Research and Education Program (MAREP) at the University of Waterloo, *I'm Still Here* is a powerful research-based play that captures important aspects of, and deepens understanding about, the dementia journey from the perspectives of persons living with dementia and their family partners in care. The play brings deeply moving experiences shared by persons with dementia and their family members to life through dramatic performance. The intent of the play is to help diminish any unnecessary suffering that can come with living with dementia due to misunderstandings and stigma. Research funded by the Social Sciences and Humanities Research Council conducted by Drs. Gail Mitchell, Sherry Dupuis, and Christine Jonas-Simpson is demonstrating the profound impact the play is having on changing images and understandings of dementia and dementia care. This presentation will allow you the opportunity to engage with *I'm Still Here*, performed by the actors from ACT II Studio, Ryerson University. Dr. Dupuis, Director of MAREP, will then facilitate personal reflection and intentional dialogue with the group as a way of revealing new possibilities in dementia care and identifying affirmations for life in the future.

Gold "Speaker Partnerships"



Silver “Speaker Partnerships”

Winnipeg Regional Health Authority



Winnipeg Regional Health Authority Office régional de la santé de Winnipeg
Caring for Health À l'écoute de notre santé

Silver “Speaker Partnerships”

Extendicare



16:30

Door Prizes

Speaker presentations will be available in electronic format on our website at www.ltcam.mb.ca/news after the conference.

Registration Form

All information can be found at www.ltcam.mb.ca

Conference Location:
Victoria Inn Hotel
1808 Wellington Ave.
Winnipeg, MB
(204) 786-4801

Conference Date:
Tuesday, May 18, 2010

Registration Deadline:
April 26, 2010

Registrations accepted via **fax** (477-9889), **mail** or **email** (info@ltcam.mb.ca)

Name: _____
Please Print Clearly

Position _____
Please Print Clearly

Facility Name: _____ **Telephone:** _____ **Fax:** _____

Email: _____

Registration Fee:

- | | |
|--|---------------------------|
| <input type="checkbox"/> LTCAM Active Member | \$60.00 + GST = \$63.00 |
| <input type="checkbox"/> LTCAM Associate/Commercial Member | \$85.00 + GST = \$89.25 |
| <input type="checkbox"/> LTCAM Individual Member | \$110.00 + GST = \$115.50 |
| <input type="checkbox"/> Non Member | \$110.00 + GST = \$115.50 |

Refer to our website to confirm membership status at www.ltcam.mb.ca/memberlist.html



Registration Fee:

- Student \$60.00 + GST = \$63.00 (student number _____) *Please note: Students - You will be required to present your student card during registration the day of the conference.*

Please make cheque payable to: **Long Term & Continuing Care Association of Manitoba**
Mail Cheque and Registration Form to:
Long Term & Continuing Care Association of Manitoba
103-1483 Pembina Highway
Winnipeg, Manitoba
R3T 2C6

CONCURRENT SESSIONS:

Please select one of the following concurrent sessions:

Room assignment will be confirmed the day of the conference

Session #1 Autonomy in Long Term Care

Session #2 Workshop – How to Deal with Difficult Behaviours **Note: 25 attendees only**

Please select one of the following concurrent sessions:

Room assignment will be confirmed the day of the conference

Session #3 Workshop – How to Deal with Difficult Behaviours **Note: 25 attendees only**

Session #4 Communication Predicament of Residents with Dementia

Please select one of the following concurrent sessions:

Room assignment will be confirmed the day of the conference

Session #5 Elder Abuse

Session #6 Spasticity Management of People in Long Term & Continuing Care



Reminder to registrants: Please make a copy of the registration form to confirm concurrent session times and selection!

Delegate List

LTCAM will be providing a delegate list containing your business card information to exhibitors, as permitted by applicable privacy legislation. If you do not wish your e-mail address to be provided, please check the following:

I do not wish my e-mail address to be provided to participating exhibitors.

How did you learn about the 2010 Long Term Care Conference?

Staff development personnel/department/co-worker

LTCAM website

Newsletters

Attended last year

Other: _____

- Payment **must** be received on or before **April 26, 2010** to guarantee a spot
- Registration cancellations after April 16, 2010 are non-refundable
- Registration is transferable if you are unable to attend
- Seminar Attendance Confirmation & Official Receipt will be provided the day of the conference
- Lunch will be provided for registrants
- Registrants receive a discount on hotel rates (please call the Victoria Inn directly for all bookings and indicate that you are with the Long Term & Continuing Care Conference – Group #258796). **Price discount for rooms in affect on or before April 26, 2010.**

Registration is limited... so register early! DOOR PRIZES!!

Early Bird Draw for registrations and payments received by: April 1, 2010